

# 2018 Water Safety Instructor

**Program:** If you're at least 16 years old and a proficient swimmer, you can become an American Red Cross Water Safety Instructor. Learn to teach children and adults to swim and give water safety presentations to kids and their parents. It's a fun and meaningful job that's in high demand! Become certified to teach: Parent & Child Aquatics, Preschool Aquatics, Learn-to-Swim, Longfellow's WHALE Tales, and Water Safety Courses and Presentations.

**Ages:** Boys & Girls who will be at least 16 years old by the last day of class.

**Dates:** November 26, 30 and December 1, 2, 7, 8 and 9; plus online class time at home (approx. 15 hours).

**Times:** Nov. 26 (4-6pm); Nov. 30 & Dec. 7 (4-8pm); Dec. 1 & 8 (8am-4pm); Dec 2 & 9 (12-5pm).

**Location:** Watertown Indoor Pool, 131 Hall Street.

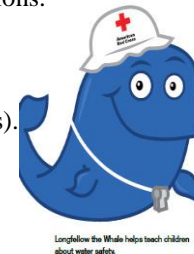
**Prerequisites:** Candidates must be able to swim 25 yards of front crawl, back crawl, breaststroke, elementary backstroke, side stroke and 15 yards of butterfly. **(Please Note: all strokes must be technically correct and in good form to be admitted to this class).** Candidates must also be able to maintain position on back for 1 minute in deep water (floating or sculling), be able to tread water for 1 minute.

Candidates must actively participate in all scheduled class sessions (NO make-up sessions will be offered, so please be sure to clear your schedule), score at least 80% on written exam, successfully perform all practice teaching assignments and all written assignments.

**Deadline:** **Tuesday, November 20, 2018**

**Fees:** \$250.00 Grants are available (ask for details).

**Special Needs:** The department will make every effort to comply with the regulations associated with the American's with Disabilities Act (ADA). In the space provided, list any special needs that the participant may have that would benefit his/her participation in this program. The department will attempt to accommodate these needs and will contact you to discuss participation.



Watertown Parks & Recreation Department

## 2018 Water Safety Instructor – Nov/Dec

Nov 26, 30 Dec 1, 2, 7, 8, 9, 2018

Name \_\_\_\_\_ Age \_\_\_\_\_ M or F  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

List any special needs or medical conditions this participant has \_\_\_\_\_

I understand the inherent risk of injury in participation in this sports program and verify that my child is medically fit to participate. I give my permission to the supervisors of this program to take the proper steps in case my child is in need of emergency medical attention. I also release the sponsoring groups and their agents from any and all claims arising from this child's participation in this activity.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Fee Paid: \$250.00

IP Lessons

Grants are available (ask for details).