

# 2009 Fall Youth Wrestling

Registration Deadline Thursday, November 12, 2009

**AGES:** Boys and girls who are currently enrolled in Kindergarten through 8<sup>th</sup> grade are eligible.

**REGISTRATION:** Deadline is Thursday, November 12, 2009 in the Park and Recreation Office, 515 S. First Street. Forms must be signed by a parent or legal guardian.

**FEES:** \$20 per city resident  
\$30 per non city-resident

**FORMAT:** WHS coaches will lead this instructional program designed to teach the basic techniques for wrestling. A tournament will be held to conclude the program and give some competitive experience.

**DATES AND TIMES:** Sessions will meet on Tuesdays, Nov 17, 24, December 1, 8, 15, 22.  
Grades K-4 will meet from 6-7pm  
Grades 5-8 will meet from 7-8pm  
A program tournament will be held at the same times Tuesday, December 22.

**LOCATION:** High school Mezzanine.

**SPECIAL NEEDS:** The Department will make every effort to comply with the regulations associated with the Americans with Disabilities Act (ADA). In the space provided below, please list any special needs that the participant may have that would benefit his/her participation in this program. The department will attempt to accommodate these needs and will contact you to discuss your participation.

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Watertown Park and Recreation Department  
**2009 Fall Youth Wrestling**

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Family Physician \_\_\_\_\_

Name and phone number of someone to call if parents are not at home \_\_\_\_\_

I understand the inherent risk of injury involved in participation in this sports program and verify that my child is medically fit to participate. I give my permission to the supervisors of this program to take the proper steps in case my child is in need of emergency medical attention. I also release the sponsoring groups and their agents from any and all claims arising from this child's participation in this activity.

Parent/Guardian Signature \_\_\_\_\_

\$20 cr

\$30 ncr