

2009 Session II Youth Wrestling

Wrestling starts January 6, 2009. Sign up today!

- AGES:** This session is intended for kids who are a little more serious about wrestling. There will be fewer “goofy games” and more wrestling instruction. It is open to K-8, but we recommend grades 2nd- 8th grades unless your child is a little more focused so that they will enjoy the experience.
- REGISTRATION:** Deadline is Friday, January 2, 2009 in the Park and Recreation Office, 515 S. First St. Forms must be signed by a parent or legal guardian.
- FEES:** \$16 per city resident
\$24 per non city-resident
- FORMAT:** Watertown Youth Coaches will lead this instructional series designed to teach the fundamentals of wrestling. Information about weekend tournaments will be made available for wrestlers who are interested in competing, but they are not required. Parents are responsible for taking kids to the weekend tournaments if desired. USA cards will be required for those wishing to compete in tournaments.
- DATES & TIMES:** Sessions will be on Tuesday evenings from 6:00-7:00 p.m. The season will run from January 6, 2009 through March 10, 2009.
- LOCATION:** Riverside Middle School Gym Balcony. This will move to the middle school balcony in March.
- SPECIAL NEEDS:** The Department will make every effort to comply with the regulations associated with the Americans with Disabilities Act (ADA). In the space provided below, please list any special needs that the participant may have that would benefit his/her participation in this program. The department will attempt to accommodate these needs and will contact you to discuss your participation.

2009 Youth Wrestling

Name _____ Age _____ Grade _____

Address _____ Phone _____

Family Physician _____

Name and phone number of someone to call if parents are not home _____

I understand the inherent risk of injury involved in participation in this sports program and verify that my child is medically fit to participate. I give my permission to the supervisors of this program to take the proper steps in case my child is in need of emergency medical attention. I also release the sponsoring groups and their agents from any and all claims arising from this child's participation in this activity.

Parent/Guardian Signature _____

Fees: \$16/cr \$24/ncr Tax Included