



Water Safety Instructor

If you're at least 16 years old and a proficient swimmer, you can become an American Red Cross Water Safety instructor. Learn to teach children and adults to swim, and give water safety presentations to kids and their parents. It's a fun and meaningful job that's in high demand. Plus, Red Cross certification is recognized nationwide so you can work anywhere in the United States.



Become certified to teach the following:

Parent and Child Aquatics * Preschool Aquatics * Learn-to-Swim * Safety Training for Swim Coaches * Longfellow's WHALE Tales * Water safety courses and presentations

Fee: \$250 – Fundamentals of Instructor Training & Water Safety Instructor certification
Dates: Dec 26, 27, 28, 29, 30, 2011
Times: 8:00-5:00pm
Where: Indoor Pool - Riverside Middle School, 131 Hall St

Prerequisites:

Candidates must be able to swim 25 yards of front crawl, back crawl, breaststroke, elementary backstroke, side stroke and 15 yards of butterfly. Candidates must also be able to maintain position on back for 1 minute in deep water (floating or sculling), be able to tread water for 1 minute.

All candidates must be 16 years of age by the last day of class, actively participate in all scheduled class sessions, score at least 80% on each section of the written exam, successfully perform all practice teaching assignments and complete all written assignments.

SPECIAL NEEDS:

The Department will make every effort to comply with the regulations associated with the Americans with Disabilities Act (ADA). In the space provided below, please list any special needs a participant may have that would benefit his/her participation in this program. The department will attempt to accommodate these needs and will contact you to discuss participation.

DECEMBER 2011 WSI TRAINING

Name _____ Age _____

Address _____ Phone _____

List any special needs this participant has: _____

I hereby release the sponsoring groups from any and all claims from my participation in this program and verify that I am medically fit to participate.

Parent/Guardian Signature: _____ Date: _____

DEC 2011 – FEE PAID: \$250

