



# WATERTOWN PARK AND RECREATION DEPARTMENT

## Watertown Indoor Pool Rules

1. All swimmers must take a shower before entering the pool
2. Never swim alone/never enter the water until lifeguard is on duty
3. Walk at all times on the deck
4. Refrain from shoving, dunking and horseplay in the water or on deck
5. Bathing suits must be worn -- no cut-offs, jean shorts or street clothes, or thongs
6. Children under 7 must be accompanied by an adult
7. No food, drink, gum, smoking materials or glass allowed in the pool, locker rooms or spectator seating
8. Pool admission refused to all persons having a contagious disease and/or infectious condition
9. Spectators are welcome to observe swim classes and are requested to remain in the bleachers away from the swimming area.
10. Swimming equipment is the property of the aquatics department and is available for instructional and lap swim only. During open and family swim, personal equipment may be used at the discretion of the lifeguard
11. During all family swims, children must be accompanied by their own parents.

### DIVING RULES

1. One person on the board at a time
2. No dangerous activity on the board
3. One bounce on the board
4. No diving in the swimming area

### RENTALS

The Indoor Pool is available for rentals. It is a great place for birthday parties, family events or any other special event! Please contact the Watertown Park and Recreation Department for information at 262-8080.