



WATERTOWN  
DEPARTMENT  
OF PUBLIC HEALTH

515 South 1st St., Watertown, WI 53094  
920-262-8090 Fax: 920-262-8096



*Proudly serving the community for 130 years*

### Mission Statement

“To work in partnership with the community and its citizens to promote healthy behaviors, prevent disease and injuries, prepare for and respond to emergencies and ensure access to a safe environment.”

Revised June 2016

# Family Resource Guide

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## MY FAMILY'S IMPORTANT PHONE NUMBERS

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Poison Control 1-800-222-1222

Baby's doctor or nurse \_\_\_\_\_

Mother's doctor or nurse \_\_\_\_\_

Clinic or health department \_\_\_\_\_

Clinic after hours/weekends \_\_\_\_\_

Lactation consultant \_\_\_\_\_

WIC (Women, Infants, and Children) clinic \_\_\_\_\_

Parent support hotline or group \_\_\_\_\_

Home visitor \_\_\_\_\_

Family or parent resource center \_\_\_\_\_

Relatives \_\_\_\_\_  
\_\_\_\_\_

Neighbors \_\_\_\_\_  
\_\_\_\_\_

Friends \_\_\_\_\_  
\_\_\_\_\_

Taxi, bus, friend with a car \_\_\_\_\_  
\_\_\_\_\_



## LIFE COURSE MODEL

A child's health is influenced by many things. The Life Course Model explains how a child's future health is affected by the quality of life experiences, such as nutrition, education, and access to health care.

A healthier childhood means a happier, healthier life.

All parents work to provide their children with a healthy environment to grow up in, but parenting can be difficult. This brochure identifies resources for improving the health of both mother and child.

To obtain further information, call the

**Maternal & Child Health Hotline**

**1-800-722-2295**

Or

**Watertown Department of Public Health**

**920-262-8090**

## EDUCATION & EMPLOYMENT RESOURCES

### DIVERSIFIED PERSONNEL SERVICES (DIVISION OF OPPORTUNITIES)

111 N. First Street, Watertown, WI 53094

920-261-8444 [www.DPSWorks.com](http://www.DPSWorks.com)

Connects motivated people with top employers in Dodge County, Jefferson County, the Lake Country and surrounding areas. A partnership with DPS expands your resources and options. Specializing in temporary, temp-to-hire and career placements.

### FORWARD SERVICES CORPORATION (FSC)

820 Park Avenue Suite E, Beaver Dam, WI 53916

920-306-2396 (Dodge County) 920-605-5185 (Jefferson County)

<http://www.fsc-corp.org/>

Wisconsin Works (W-2): Federal Employment program for families that helps clients gain skills needed to find and maintain employment. Assists with child-care, transportation, education and training, job skills, resumes, and more. Must meet income and asset guidelines, must have minor children.

### JEFFERSON COUNTY LITERACY COUNCIL

920-675-0500

Services: Literacy awareness, ESL Classes, GED preparation (Spanish & English)

### MADISON AREA TECHNICAL COLLEGE (MATC)

1300 West Main Street, Watertown, WI 53098

920-206-8000 General Information

800-322-6282 Ext. 8000 – Toll free in Wisconsin

Visit website for more information

<http://madisoncollege.edu/watertown-campus>

### WATERTOWN PUBLIC LIBRARY

100 S Water St, Watertown, WI 53094

Please see page 11 for more information

## EDUCATION & EMPLOYMENT RESOURCES-CONTINUED

### COMPUTER ACCESS AT MATC WATERTOWN

1300 West Main Street, Watertown, WI 53098  
920-206-8000

Provides free internet access for **job** seekers: apply for jobs, update resumes, locate resources, and connect with job center resources

### STATE OF WISCONSIN DWD UNEMPLOYMENT

<https://dwd.wisconsin.gov/uiben/online>  
Madison - 608-232-0678  
Milwaukee - 414-438-7700

## EMOTIONAL WELLNESS

### DIRECTIONS COUNSELING CENTER (WATERTOWN REGIONAL MEDICAL CENTER)

129 Hospital Drive Watertown, WI 53098  
920-262-4800 <http://www.uwhpWatertown.com/main/mentalhealth.aspx>  
Services: Experienced and caring therapists and psychiatrists provide personalized and confidential mental health counseling services to individuals of all ages, families, couples, and groups.

### PADA (PEOPLE AGAINST DOMESTIC ABUSE AND SEXUAL ABUSE) - JEFFERSON COUNTY

P.O. Box 395 Jefferson, WI 53549  
920-674-6748 OR 800-228-7232 (Toll Free) <http://www.padaic.org>  
Services: Individual support, Legal Advocacy, Support Groups (in English and Spanish), Sexual Assault Victim Advocacy (including sexual assault nurse exam accompaniment), Children's programming, Parenting support, Linkage to other community resources, Community Education, Prevention Programming, Counseling, and Art Therapy. Jefferson County residents only.

### RECOVERY SUPPORT CENTER, INC.

110 S. 2ND Street, Suite E  
Watertown, WI 53094  
920-988-6924  
Addiction recovery services. Sliding scale rates for all services.

### UNITED MIGRANT OPPORTUNITY SERVICES

134 South Spring Street, Beaver Dam, WI 53916  
920-356-0690 [www.umos.org](http://www.umos.org)  
Services: resources, assistance with health, housing, education, immigration, and employment for migrant workers.

### ADOPTION CHOICE, INC

[www.adoptionchoiceinc.org](http://www.adoptionchoiceinc.org)

### ADOPTION IN WISCONSIN

[www.dcf.wisconsin.gov/children/adoption/default.htm](http://www.dcf.wisconsin.gov/children/adoption/default.htm)

### ADOPTON RESOURCES OF WISCONSIN

[www.adoptionresourcesofwi.org](http://www.adoptionresourcesofwi.org)

### American Academy of Pediatrics

[www.aap.org](http://www.aap.org)

### Healthy Child Care America

[www.healthychildcare.org](http://www.healthychildcare.org)

### Healthy Children

[www.healthychildren.org](http://www.healthychildren.org)

### National Safety Council

[www.nsc.org](http://www.nsc.org)

### Safe Kids Worldwide

[www.safekids.org](http://www.safekids.org)

### WI Housing Search

[www.wihousingsearch.org](http://www.wihousingsearch.org) An online resource for finding housing that fits your needs and budget. Available and waitlist apartments are listed as well as information on each apartment. The website also offers links to other housing resources.

## TRANSPORTATION

### BADGER BUS

877-292-8259

[www.badgerbus.com](http://www.badgerbus.com)

Bus pick up and drop off location at Johnson Creek Premium Outlets travelling to Milwaukee or Madison.

### MEDICAL TRANSPORTATION MANAGEMENT (MTM) INC.

866-907-1493

<http://www.mtm-inc.net/wisconsin-website/wisconsin-home/>

Service: Non-emergency medical transportation arrangements and medical mileage reimbursement to medical assistance participants only.

### WATERTOWN TRANSIT

309 Williams Street, Watertown, WI 53094

920-261-7433

[http://www.ci.watertown.wi.us/residents/watertown\\_transit-](http://www.ci.watertown.wi.us/residents/watertown_transit-)

Offers residents reasonably priced option for transportation within the city limits of Watertown.

### WISCONSIN DEPARTMENT OF TRANSPORTATION

<http://www.dot.wisconsin.gov/travel/transit/intercity.htm>

Visit website for information about long distance intercity bus services in Wisconsin

## ADDITIONAL RESOURCES

### AUTISM SOCIETY OF WI

920-588-4602 OR 888-428-8476

[www.asw4autism.org](http://www.asw4autism.org)

Services: Improving the lives of all affected by autism in Wisconsin by providing information and referral, family support, advocacy, professional development, resource development, and by raising awareness and acceptance

### CONEXIONES LATINAS

[www.conexioneslatinas.org](http://www.conexioneslatinas.org)

Services: information and education of services available in Jefferson, Dodge, Walworth, and Rock Counties to the Hispanic community.

### PAVE (PEOPLE AGAINST A VIOLENT ENVIRONMENT, INC) - DODGE COUNTY

P.O. Box 561 Beaver Dam, WI 53916

920-887-3810 OR 800-775-3785 (24 hour crisis line)

<http://www.peopleagainstviolenceenvironment.com>

Services: Shelter, Emergency transportation, LGBTQ services, Case management, Legal Advocacy, Sexual Assault Victim Advocacy, Prevention Education, Crisis Services, and Community Collaboration. Dodge County residents only.

### FAMILY RESOURCES ASSOCIATES, INC. WATERTOWN

Mental Health Clinic

1315 W. Main St. Watertown, WI 53094

920-261-4100

[www.familyresourcesinc.com](http://www.familyresourcesinc.com)

Services: Professional counseling in a variety of mental health topics in every stage of life from infants to senior citizens

### NATIONAL DRUG & ALCOHOL ABUSE HELP LINE

888-246-3799

### QUIT LINE: SMOKING CESSATION

800-784-8669

[www.smokefree.gov](http://www.smokefree.gov)

### MENTAL HEALTH AMERICA WISCONSIN

600 W. Virginia St, Suite 502 Milwaukee, WI 53204

414-276-3122 OR 800-273-8255 (Crisis Line) <http://www.mhawisconsin.org/>

Mental Health America of Wisconsin (MHA) is dedicated to helping all Americans live mentally healthier lives.

### NATIONAL ALLIANCE OF MENTAL ILLNESS (NAMI)

4233 W Beltline Hwy Madison, WI 53711-3814

800-236-2988

[www.nami.org](http://www.nami.org)

Mental Health organization dedicated to helping those affected by a mental illness

### NARCOTICS ANONYMOUS (NA) WATERTOWN WI

[www.soberrecovery.com](http://www.soberrecovery.com)

[www.na.org](http://www.na.org)

Narcotics Anonymous or NA is a 12 step program that is similar to the other non-profit organization: Alcoholics Anonymous. This program is designed to help people who have a drug problem. However, not every drug addict can enter NA and have success. It takes a good level of will power to make it

## FOOD PANTRIES & NUTRITIONAL ASSISTANCE

### FOODSHARE WISCONSIN

Services: Foodshare helps people with limited money buy the food they need for good health. Apply for benefits at: [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

See Jefferson County Economic Assistance on pg. 9 or Dodge County Economic Support Department on pg. 9

### WATERTOWN FOOD PANTRY

204 North 10th Street, Watertown, WI 53094

920-261-7226

[www.watertownfoodpantry.org](http://www.watertownfoodpantry.org)

Services: Provide food at no cost to individuals and families residing in Watertown School District who find themselves economically distressed. Clients may utilize the food pantry once a month. Call for hours of operation.

### IMMANUEL LUTHERAN CHURCH “BREAD AND ROSES” COMMUNITY DINNER & FOOD PANTRY

204 N. 10th St, Watertown, WI (Office and Mailing)

213 N. 9th Street, Watertown, WI (Sanctuary)

920-261-1663

<https://www.watertownimmanuel.org/bread-roses>

Services: Free community meal served. All people welcome.

Must reside in Watertown School District. Call for times.

### WATERTOWN MORAVIAN CHURCH “LOAVES N FISHES” COMMUNITY DINNER

510 Cole Street, Watertown, WI 53094

920-261-7494

Services: Free community meal served. All people welcome.

### WATERTOWN FAMILY AID ASSOCIATION

514 S. First St., Watertown 53094 (Located downstairs of the Senior Community Center)

920-206-3250

[www.watertownfamilyaid.org](http://www.watertownfamilyaid.org)

Services: Provide individuals and families residing in the Watertown school district with food vouchers., clothing and essentials.

### CENTER FOR WOMEN’S HEALTH/WRMC

128 Hospital Drive, Watertown, WI 53098

920-262-4825

<http://www.watertownregional.com/Main/WomensHealth.aspx>

Services: Annual wellness care, obstetrical care, breastfeeding, support, high risk pregnancy, breast and bladder health, birth control, lifelong prevention strategies. Child birthing classes available, call for more information.

### WATERTOWN REGIONAL MEDICAL CENTER

125 Hospital Drive, Watertown, WI 53098

920-261-4210

[www.watertownregional.com](http://www.watertownregional.com)

Classes: CPR, Pregnancy Education. Call for additional class information.

## TELECOMMUNICATION

### LIFELINE AND LINK-UP

[www.lifelinesupport.org](http://www.lifelinesupport.org)

Lifeline gives consumers a discount on monthly charges for local telephone services. Link-Up pays for part of the connection/activation fee.

### SAFELINK

800-723-3546

[www.safelinkwireless.com](http://www.safelinkwireless.com)

Receive a free phone and free wireless minutes. Must meet income guidelines and be receiving one or more of the following benefits: Food Share, Medical Assistance, Badger Care, Energy Assistance, Supplemental Security Income, WI Homestead Tax Credit, or W-2.

### COMMUNITY ACTION COALITION (CAC)

114 East Main St., Watertown, WI 53094

920-262-9667 OR 800-675-3580

[www.cacwtn@cacscw.org](mailto:www.cacwtn@cacscw.org)

Phone assistance through the Telecommunications Assistance Program (TAP). For both landlines and cell phones to assist individuals with new services and/or maintain basic telephone services. Must be income eligible. Services include budget counseling, financial assistance, mediation and referrals to other resources.



## PREGNANCY RESOURCES-CONTINUED

### PROHEALTH CARE—OCONOMOWOC MEMORIAL HOSPITAL

791 Summit Avenue, Oconomowoc, WI 53066

262-569-9400

[www.prohealthcare.org](http://www.prohealthcare.org)

Services: birthing and parenting classes offered. Call for more information.

### PREGNANCY SUPPORT CENTER OF DODGE COUNTY

108 Parallel Street Suite 2, Beaver Dam, Wisconsin 53916

920-219-9305 (24 hour hotline)

[www.pscdci.com](http://www.pscdci.com)

Service: Free pregnancy tests, counseling and referrals, educational material, and ongoing emotional and spiritual support

### ALPHA LIFE RESOURCE CENTER

313 E. Main Street, Watertown, WI 53094

920-261-9207 OR 800-924-6073 (24 hour hotline) [www.alphalifecenter.org](http://www.alphalifecenter.org)

Services (All free and confidential): Pregnancy testing, counseling, abortion & adoption program, parenting resources, book & video library, referrals for education, professional and/or medical help, housing, financial assistance, infant clothing, equipment & supplies program

### WATERTOWN DEPARTMENT OF PUBLIC HEALTH (WDPH)

515 S. 1st Street, Watertown, WI 53094

920-262-8090

[www.ci.watertown.wi.us](http://www.ci.watertown.wi.us)

Services: Prenatal Care Coordination/additional services listed page  
PNCC is a Medicaid and Badger Care Plus benefit that helps pregnant women get the support and services they need to have a healthy baby.  
Services include: Help getting health care, personal support, information on good eating habits and health practices, and information/help finding needed services in your community.

### FIRST BREATH—WATERTOWN DEPARTMENT OF PUBLIC HEALTH

515 S. 1st Street, Watertown, WI 53094

920-262-8090

[www.wwhf.org/programs/first-breath/](http://www.wwhf.org/programs/first-breath/)

Services: Non-judgmental counseling and support, access to quit-smoking resources in Wisconsin

### PRECONCEPTION PLANNING

Centers for Disease Control & Prevention (CDC)

[www.cdc.gov/preconception/planning.html](http://www.cdc.gov/preconception/planning.html)

### WIC NUTRITIONAL PROGRAMS (Dodge & Jefferson)

WIC provides nutrition education, breastfeeding education and support, supplemental nutritious foods, and referrals to other healthy and nutrition services.

#### • DODGE COUNTY

143 E. Center Street, Juneau, WI 53039

920-386-3670

<http://www.co.dodge.wi.us/>

#### • JEFFERSON COUNTY

1541 Annex Road, Jefferson, WI 53549

920-674-7189

<http://www.jeffersoncountywi.gov/>

## HEALTH SERVICES

### WATERTOWN DEPARTMENT OF PUBLIC HEALTH (WDPH)

515 S. 1st Street, Watertown, WI 53094

920-262-8090

[www.ci.watertown.wi.us](http://www.ci.watertown.wi.us)

Services: Healthy Beginnings+ / Prenatal Care Coordination, Bright Beginnings (“Parents as Teachers” Home Visitation program), Well-Child & Health Check Clinic, WIC, Immunization Clinic, Blood lead screening, Car Seat Safety Checks

### WATERTOWN AREA CARES CLINIC

415 South Eight Street, Watertown, WI 53094

920-206-7797

[www.watertownareacaresclinic.org](http://www.watertownareacaresclinic.org)

Services: primary, preventive, and some specialty care for eligible adults and children

### COMMUNITY DENTAL CLINIC

520 Handeyside Lane, Fort Atkinson

920-563-4372

Services: Provides dental care to those with limited financial means or without insurance coverage at a reduced fee.

### WISCONSIN AIDS/HIV PROGRAM

Toll Free: 800-334-2437

[www.arcw.org](http://www.arcw.org)

The Wisconsin HIV/STD/Hepatitis C Information and Referral Center (IRC) provides information and referral for HIV/AIDS, sexually transmitted diseases, and Hepatitis services in Wisconsin.

### 24 HOUR NATIONAL AIDS HOTLINE

800-232-4636

TTY: 1-888-232-6348

[www.cdc.gov/info](http://www.cdc.gov/info)

CDC’s national health information hotline, providing answers to your questions regarding HIV, how to protect yourself, and where to get an HIV test.

## HOUSING & RENTAL ASSISTANCE

### CROSSROADS

114 East Main Street, Watertown, WI 53094  
920-262-9667 [crossroadsofwatertown@gmail.com](mailto:crossroadsofwatertown@gmail.com)  
Services: Rental Assistance, transitional home, help with 1st months rent for Watertown Unified School district residents. Call CAC for an application.

### COMMUNITY ACTION COALITION FOR SOUTH CENTRAL WI, INC.

920-262-9667 114 E. Main Street, Watertown, WI 53094  
Services (Jefferson County residents) help obtaining/maintaining housing, subsidized rentals, emergency shelter, eviction prevention, landlord/tenant mediation, rapid re-housing, and transitional housing programs.

### CENTRAL WISCONSIN COMMUNITY ACTION COUNCIL

920-885-9559 134 Spring St., Beaver Dam, WI 53916  
Services (Dodge County residents): Rental assistance.

### SALVATION ARMY

517 S. 1st St., Watertown (Watertown Senior and Community Center)  
10 AM every Wednesday, no appointment needed.  
Services: Rent and utility assistance to Watertown Unified School District residents only.

### ST. VINCENT DEPAUL

920-261-2691 1181 N. 4th Street, Watertown, WI 53098  
Services: Assistance with rent payments and utility bills.

### WATERTOWN LOW INCOME HOUSING

#### WATERTOWN COMMUNITY DEVELOPMENT AUTHORITY

920-261-7795 201 N. Water Street, Watertown, WI 53094

#### WATERTOWN MEADOWS

877-204-6464 805 Clark Street, Watertown, WI 53094

#### WATERTOWN EAST

920-206-8541 1153 Boughton Street, Watertown, WI 53094

#### AFFORDABLE HOUSING DIVISION WISCONSIN MANAGEMENT CO.

800-346-8581 Lakeside Terrace, Watertown, WI 53094

### ENERGY SERVICES (DODGE)

107 Henry Street Suite 1, Beaver Dam, WI 53916  
920-887-7990  
Services: assistance with heat and utility bills once a year. Clients must meet income guidelines. Appointments required.

### ST. VINCENT DEPAUL

1181 N. 4th Street, Watertown, WI 53098  
920-261-2691  
Services: Assistance with medical bills, car repairs, overnight lodging/food, gas cards for employment, clothing, furniture, and other supplies.

### LAKE COUNTY CARING FACILITY

603 Progress Drive, Hartland, WI 53029  
262-367-6670 [www.lakecountycaring.com](http://www.lakecountycaring.com)  
Hours: Tuesday, Thursday, and Saturday 9:00 a.m. — 12:00 p.m.  
Notes: Waukesha, Washington, Dodge and Jefferson Counties (must have photo ID and proof of address)  
Supplies: Clothing, diapers, bedding and furniture

## PREGNANCY RESOURCES

### AURORA MEDICAL CENTER

36500 Aurora Drive, Summit, WI 53066  
262-434-1000 [www.aurorahealthcare.org](http://www.aurorahealthcare.org)  
Classes: Online Labor & Birth, Big Kids & New Baby, Breastfeeding Basics, Infant/Child CPR, Preparing for Labor & Newborn Care, Infant Massage

### FORT ATKINSON MEMORIAL HOSPITAL

611 E. Sherman Avenue, Fort Atkinson, WI 53538  
920-568-5000 [www.forthhealthcare.com](http://www.forthhealthcare.com)  
Classes: Childbirth Preparation, Happiest Baby on the Block, Brother/Sister: Sibling-To-Be, Having Healthy Babies

### PLANNED PARENTHOOD

Services: Birth control, women's health, STD's, HIV & AIDS, abortion  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

- **WAUKESHA**

426 W. Main Street, Waukesha, WI 53186  
262-544-0708

- **MADISON**

3706 Orion Road Madison, WI 53704  
608-241-3767

### MARCH OF DIMES

800-747-3463 [www.marchofdimes.org](http://www.marchofdimes.org)  
Information and education to help moms have full term pregnancies and healthy babies



## PARENTING & CHILDHOOD RESOURCES-CONTINUED

### CAR SEAT SAFETY CHECKS—WDPH

515 S. 1st Street, Watertown, WI 53094

920-262-8090

[www.ci.watertown.wi.us](http://www.ci.watertown.wi.us)

Free car seat safety checks and education. Please call to schedule an appointment.

### WATERTOWN PARKS AND RECREATION

514 S. First Street, Watertown, WI 53094

920-262-8080

<http://www.ci.watertown.wi.us/>

Organized sports for adults and youth, fitness, and more! Aquatic Center (in Riverside Park) and Indoor Pool (located in the Riverside Middle School). Call for current program registration.

## PERSONAL ESSENTIALS

### PERSONAL ESSENTIALS PANTRY-IMMANUEL LUTHERAN CHURCH

204 North 10th Street, Watertown, WI 53094

920-261-7226

Must be a resident of the Watertown Unified School District

### COMMUNITY ACTION COALITION (CAC)

114 East Main St., Watertown, WI 53094

920-262-9667 or 800-675-3580

Services: Coats for Kids - distribution of winter coats to children and adults experiencing poverty. Call for more information.

### MARY'S ROOM

St. Paul's Episcopal Church

413 S. 2nd Street, Watertown, WI 53094

920-261-1150

[www.saintpaulswt.org](http://www.saintpaulswt.org)

Services: Provides supplies and needed items to infants and children up to 24 months. Available to Watertown residents only.

**ALPHA LIFE RESOURCE CENTER/**see page 14 for information

**WATERTOWN FAMILY AID/** see page 6 for more information

[www.waukeshasalvationarmy.org](http://www.waukeshasalvationarmy.org)

### HOME ENERGY PLUS

1-866-432-8947

[www.homeenergyplus.wi.gov](http://www.homeenergyplus.wi.gov)

Services: Heating, electric, crisis and furnace assistance

## INSURANCE/ECONOMIC ASSISTANCE

### AFFORDABLE CARE ACT/OBAMACARE

Please see websites for information on healthcare insurance options.

<http://marketplace.cms.gov/> (provides info on the market place and how to apply to various health insurance options)

<https://www.healthcare.gov/> (coverage options)

### BADGERCARE MEMBER SERVICES

800-362-3002

[www.badgercareplus.org](http://www.badgercareplus.org)

### WISCONSIN HEALTH, NUTRITION & CHILDCARE PROGRAMS

[www.access.wi.gov](http://www.access.wi.gov)

### WISCONSIN MEDICAID

[www.dhfs.state.wi.us/medicaid](http://www.dhfs.state.wi.us/medicaid)

### PARTNERSHIPS FOR PRESCRIPTION ASSISTANCE

888-4PPA-NOW (1-888-477-2669)

[www.pparx.org](http://www.pparx.org)

Service: for low income uninsured patients to get free or reduced prescription medicines

### DODGE COUNTY ECONOMIC SUPPORT DEPARTMENT

Henry Dodge Office Building , 199 County Road DF, Juneau, WI 53039

920-386-3760

888-794-5556 (Dodge County Southern Consortium)

<http://www.co.dodge.wi.us>

Services: The Capital Consortium processes new applications and manages on-going Food Share, Badger Care Plus, Medicaid, and Family planning services.

### JEFFERSON COUNTY ECONOMIC ASSISTANCE

1541 Annex Road, Jefferson, WI 53549

920-674-7500 (Jefferson County Human Services)

1-888-794-5780 (Jefferson County Southern Consortium)

[www.jeffersoncountywi.gov](http://www.jeffersoncountywi.gov)

Services: Can apply for Medicaid, Badger Care Plus, Food Share, and Child Care assistance.

## LEGAL SERVICES

### LEGAL ACTION WISCONSIN (LAW) INC.

31 South Mills Street, Madison, WI 53715  
608-256-3304 (Intake Line) OR toll free 800-362-3904 [www.legalaction.org](http://www.legalaction.org)  
Free civil legal services to low-income individuals and seniors for housing, public benefits, family law, jobs, and education. LAW can refer undocumented immigrants and prisoners to other lawyers for assistance.

### CHILD SUPPORT

Dodge County—414-615-2589  
Jefferson County—414-615-2587

### JEFFERSON COUNTY FAMILY COURT COMMISSIONER

920-674-7192

## PARENTING & CHILDHOOD RESOURCES

### MATERNAL AND CHILD HEALTH HOTLINE

800-722-2295 (24 hour Hotline)  
Services: The Wisconsin MCH Hotline provides information and links to services and resources for women before, during, and after pregnancy and for children including children with special health care needs

### JEFFERSON COUNTY LA LECHE LEAGUE/BREASTFEEDING SUPPORT

[www.lalecheleague.org](http://www.lalecheleague.org) Check online for information

### HEAD START

Head Start is a preschool program focusing on School Readiness for 3-5 year old children. Head Start is a Federal and State funded program provided at no cost to eligible families.

- **DODGE COUNTY (RENEWAL UNLIMITED)** 920-887-7503  
920 S. University Avenue, Beaver Dam, WI 53916
- **JEFFERSON COUNTY** 920-674-5577  
415 S. 8th Street, Watertown, WI 53094

### WATERTOWN FAMILY CENTER

415 S. 8th Street, Watertown, WI 53094  
920-261-2450 [www.watertownfamilycenter.com](http://www.watertownfamilycenter.com)  
Classes: Infant Massage, Parenting Education, focused workshops. Services: Drop-in playgroups, Open Gym. Call for current programs & schedule.

### YMCA

415 S 8th St, Watertown, WI 53094  
920-262-8555 <http://www.watertownareaymca.org>  
Please see website for services provided

### Community Coordinated Childcare, Inc. – 4C

5 Odana Court Madison WI 53719  
800-750-5437  
608-271-9181 [www.4-c.org](http://www.4-c.org)  
Services: Resource and Referral for certified child care services .

### AMERICAN FAMILY CHILDREN'S HOSPITAL SAFETY CENTER

1675 Highland Ave, Madison, WI 53792  
608-890-5437  
<http://www.uwhealthkids.org/kids-health-and-safety/child-safety/33258>  
Services: The Kohl's Safety Center offers a variety of child safety products and injury prevention education materials.

### WATERTOWN PUBLIC LIBRARY

100 S Water St, Watertown, WI 53094  
(920) 262-4090 <http://www.watertownpubliclibrary.org/>  
Services: early literacy classes and programs to promote language development and enjoyment of books and reading for children.

### BIRTH TO THREE

Federally funded program to support education in children with developmental delays under the age of 3, includes screening, evaluation, and intervention services

- **DODGE COUNTY**  
1223 Madison Street, Beaver Dam, WI 53916  
920-887-4282 [www.co.dodge.wi.us/](http://www.co.dodge.wi.us/)
- **JEFFERSON COUNTY**  
1541 Annex Road, Jefferson WI 53549  
920-674-7386 [www.jeffersoncountywi.gov/](http://www.jeffersoncountywi.gov/)

### WATERTOWN UNIFIED SCHOOL DISTRICT

111 Dodge Street, Watertown, WI 53094  
920-262-1460  
Services: Educational support services for identified children ages 3 and up.